

Jim and Paul's Excellent Ride

START: Del Rey Park, Playa Del Rey
(Where Culver Blvd ends at the Ocean).
Turn right on Pacific and you'll find the park)

- 0.0 SOUTH on Pacific
- 0.1 RIGHT on VISTA DEL MAR
- 2.2 LEFT on IMPERIAL
- 5.5 RIGHT on AVIATION
- 7.5 RIGHT on ROSECRANTZ
- 9.7 RIGHT on HIGHLAND
- 14.3 LEFT on PACIFIC
- 14.4 END OF LEVEL 1 RIDE**
Recommend Coffee at Tanners!
- 14.5 EAST on CULVER BLVD
- 14.6 RIGHT on PERSHING
- 17.0 LEFT on IMPERIAL
- 19.9 RIGHT on AVIATION
- 22.4 STOP at MARINE AVE
Gas Station for Water/Gatoraid/Regroup
- 24.5 LEFT PROSPECT AVE
- 26.7 RIGHT TORANCE BLVD
- 27.3 LEFT on CATALINA
- 29.1 RIGHT on PALOS VERDES BLVD
- 34.9 U-TURN at HAWTHORNE HILL
- 40.2 LEFT at "Y" PALOS VERDES BLVD
- 40.3 LEFT at PLAYA
- 41.2 LEFT at ESPLANDE
- 42.7 LEFT at CATALINA
- 43.4 LEFT at BERYL
- 43.45 RIGHT at HARBOR
HARBOR BECOMES HERMOSA
- 45.7 RIGHT at "Y"
- 45.75 LEFT on MANHATTAN
- 46.7 RIGHT up 15th St – **Short but STEEP hill**
- 46.75 LEFT on HIGHLAND – Becomes VISTA DEL MAR
- 52.2 LEFT on PACIFIC
- 52.4 END OF RIDE

Level 1 - 14.5 miles
Level 3 - 52.4 miles
Del Rey Park, Los Angeles

This ride is basically flat. There is a short climb at the beginning of Level 1, and a few rollers on Rosecrantz. Level 3 has a few hills going into Palos Verdes and a short but steep climb in Hermosa Beach.

BEGINNING RIDERS: There are many parked cars on Vista Del Mar. Be very careful as you learn to spot drivers sitting in the cars. Also, there is a lot of traffic coming down the street. This is a good street to learn "traffic sense".

**BE SAFE!
RIDE SINGLE FILE
BE ALERT!**

THANKS FOR COMING ON OUR RIDE! Look for more rides in the future. We also start from USC - Vermont at 36th Street.

Riding is about rhythm and flow. It's the wind in your face and the challenge of hammering up a long hill. It's the reward at the top and the thrill of a high-speed descent. Biking lets you come alive both in body and spirit. After awhile the bike disappears beneath you and you feel as if you're suspended in midair."

-- Gary Klein