

Car 7 Level 1 Training Ride

I Martins, 8330 Beverly Blvd, West Hollywood to the Marina and back

RIDE LEADERS: Steve Dannemiller & Louis Paturzo

		Mileage
R	Beverly Blvd	0.0
R	Fairfax	0.5
R	Washington	3.5
L	Culver	5.1
L	Duquesne	5.4
R	Enter Ballona Creek Bike Path (Between Lucerno & Jefferson)	5.9
	Lift Bike Over Railing	
	Always stay to the left on the bike path.	
L	Bridge @ end Bike Path	11.4
	Cross Bridge, Turns into Pacific	
	(Take Pacific!!! Do NOT continue on bike path!)	
L	Culver	11.9
	PIT STOP @ TANNERS COFFE SHOP	12.0
	CORNER OF CULVER AND VISTA DEL MAR	
L	Culver	
R	Pacific to end of bridge back to Bike Path	
L	@ Southbay Bike Path sign	13.3
	DO NOT GO BACK THE WAY WE CAME	
L	Admiralty Way	14.2
	USE CAUTION TURNING	
R	Bike Path (just past Fiji Way)	14.7
@	LIGHT go straight across to MILDRED	15.4
R	Ocean	16.0
R	S. Venice (immediate right!)	16.0
L	Walgrove (HILL)	17.3
R	Pico	19.4
L	Stewart	19.8
R	Colorado	20.6
L	Westgate	21.4
R	Ohio	21.6
L	Thayer	23.7
R	Rochester	23.7
L	Comstock	24.2
R	Wilshire (ride on Sidewalk)	24.2
L	Whittier	25.1
R	Elevado	25.2
R	Doheny	27.2
L	Melrose	27.5
R	Clinton	28.3
R	Sweetzer (cross Beverly)	28.6
R	Alley (just past Beverly)	29.1
	FINISH @ I. MARTIN IMPORTS	29.2

Thanks to Liz Kinloch for her incredible ability to map out training routes
 For training and fundraising tips visit the CARE Exchange www.caree.org.