



# The Shifting Gears' Santa Barbara Ride

Day 1: Santa Monica – Santa Barbara

Level 4 – 94 miles

mile

- L Start: Helen's Santa Monica**  
**26<sup>th</sup> & Broadway**
- R Broadway**
- R 7th Street becomes Channel Rd**  
Continue through San Vicente Blvd  
Steep downhill... Watch your speed
- R Pacific Coast Highway**  
**Single file! Watch for car doors!**
- 19.0 Pass Pepperdine then Zuma Beach
- 22.0 **R Trancas Canyon Rd (Howe's)**  
**Pit Stop #1**  
**South Side of Howe's Market**
- R** Continue north on PCH  
Pass: Nicholas Beach, Leo Carillo Beach & Sycamore Canyon. Restrooms available at any of them!
- 39.2 **R Pt. Magu/Las Posas Rd (off-ramp)**  
**Do not continue on Fwy!**
- R Las Posas Rd**
- 41.0 **L West Hueneme Rd (headwinds!)**
- 45.5 Continue on West Hueneme, under Fwy
- 49.0 **R Turn into Shopping Center**  
**@ Ventura Rd & W. Hueneme**  
**Pit Stop at Wendy's**
- R Scott Street** out of parking lot
- L Ventura Rd Caution!** No Stop sign!
- 51.0 **L Channel Islands Boulevard**  
Continue over the Marina.  
Merge right onto **Harbor Drive**
- 56.5 **L Peninsula Street @ "Ventura Keys"**
- 60.0 **R Pierpont**  
**L Seaward** Go to end of the street to beach.
- 60.5 **Pit Stop #3**  
**Plenty of local fare to choose**
- L Pierpont**  
At end of street, go through gate onto bike path at San Buena Ventura State Beach. Stay on path until Main Street.
- 63.0 **L Main Street** ; go over bridge
- 65.0 **L Bicentennial Bikeway @ Emma Wood State Beach** just before 101 Fwy entrance.  
Path ends at old Hwy 1/Rincon Parkway.
- 66.0 **L Rincon Parkway**; cross to other side  
Continue on Rincon; pass Faria County Park
- 73.0 Enter Fwy just past DEAD END.  
**Caution!** Rough road.
- 75.5 **R Bates Rd (off-ramp)**  
STOP sign at end of ramp; Re-enter freeway.
- 76.5 **R Ojai/Lake Casitas (off-ramp)**  
**L** Over Fwy at end of ramp  
**R Service Road** ; becomes Carpenteria Ave  
**L Linden Avenue** ; continue 1 1/2 blocks
- 80.0 **L 8th Street**  
**Pit Stop #5:**  
**Vons/Buster's Cafe**
- Go back to Carpenteria Avenue
- L Carpenteria Avenue**
- R Santa Ynez Avenue**
- L Via Real - Do not enter Fwy!**  
Becomes Lillie Avenue.
- 88.0 **R Ortega Hill Rd** Keep right; do not enter Fwy!  
Short climb; short descent!  
**STOP at bottom; go slow.**
- L North Jameson Lane**
- L Olive Mill Rd**
- R Immediate R on Coast Village Rd**
- L Cabrillo Rd**  
Keep L at STOP sign; go under Fwy.
- R State Street** ; follow bike path to:
- L Gutierrez** (signal at top of hill); pass Chapala
- R De La Vina**
- L Haley**
- R Bath Street** ; one-way street with bike lane
- R Arrellaga Street** ; continue 3 blocks
- 94.0 **L El Prado Inn**  
1601 State Street 805-966-0807



# The Shifting Gears' Santa Barbara Ride

Day 2: Santa Barbara - Santa Monica

Level 4 - 94 miles

- R State Street**  
**L Cabrillo**  
**R Channel Drive** becomes bike path & then Olive Mill Rd
- 2.0 Cross Railroad Tracks
- R Jameson Lane North**
- 3.5 **R Ortega Hill Road** Short climb. Short descent!  
Ortega becomes Lillie Ave, then Via Real
- 8.9 **R Santa Ynez Avenue** - Cross over Fwy
- 9.1 **L Carpenteria Avenue**
- 11.8 Enter 101 Fwy South  
**Ride with extra caution!**  
You must exit at all off-ramps & re-enter Fwy
- 12.4 **R Seacliff** (off-ramp)
- 12.8 **R Hwy 1/Rincon Parkway**  
**Rest Stop: Along Seawall**  
No restrooms, just porta-potties.  
Bare Left towards 101 South, then:
- R Bikepath next to on ramp to US 101 South.**  
Continue on path through parking lot to entrance of San Buena Ventura State Beach.  
Bathrooms along here!
- R Pierpont**  
**R Seaward**
- 29.5 **Pit Stop #1 @ end of Seaward**  
**Plenty of local fare to choose**
- R Pierpont**  
**L Peninsula Street/Norwich**  
**R Harbor Blvd** No right turn on red!
- Harbor becomes Channel Islands Blvd
- 40.0 **R Ventura Rd**
- 42.0 **R Pit Stop #2: Wendy's**  
Just before Hueneme Rd
- L Hueneme Rd**  
**R Las Posas Rd** - Cross over Fwy  
**L Hwy 1/Pacific Coast Hwy** (on-ramp)  
Continue on PCH.
- 50.0 **Restroom Stop**  
**Sycamore Cove State Park**
- R Continue on PCH.**  
**Caution!** Lots of gravel in driveway.  
**L Trancas Canyon Rd**
- Pit Stop #3:**  
**Howe's Market**
- Continue on PCH**  
**Ride with extra caution!**  
Ride single file.
- 86.0 **R Temescal Canyon** (into parking lot)
- L Bike Path** (or through parking lot to Path)  
Ride path for short distance until just past Chataqua Road, at the drainage channel.  
Walk downstairs and through tunnel under PCH. This is Channel Road; continue straight ahead.
- 87.5 **R Ocean Avenue** - last climb!
- 87.9 **L San Vicente Boulevard**  
**R 14th Street**  
**L Broadway**
- 94.0 **Finish Helen's**  
**26<sup>th</sup> & Broadway**  
**Congratulations!**