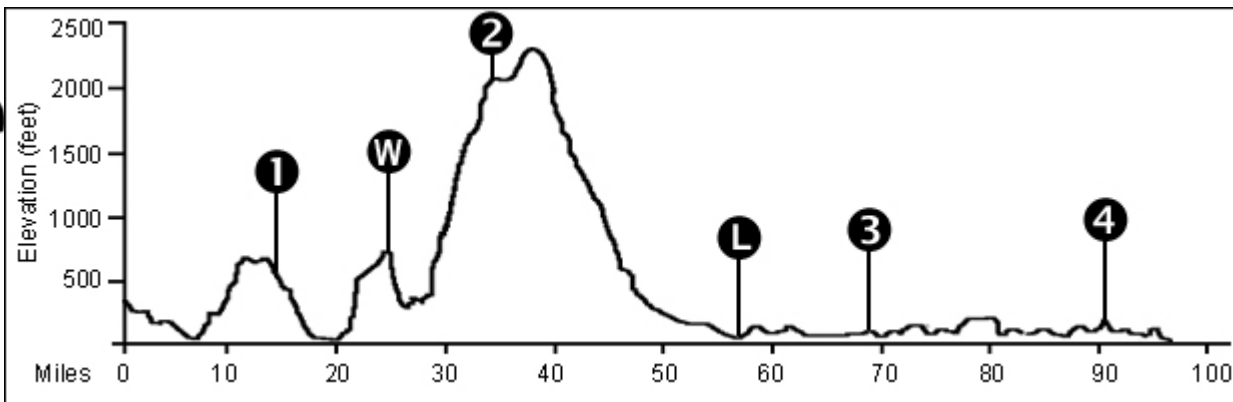


Sunday June 8, 2003 – 96.5 miles - San Francisco – Santa Cruz



- 0.0 **L** Out of Bike Parking (Golden Gate Ave @ Tamalpais)
- 0.2 **L** Parker
- 0.6 **R** Fell Street
- Straight** on JFK into Golden Gate Park
- 1.0 **L** Middle Drive East (street not marked)
- 1.0 **R** At AIDS Memorial Grove to stay on Middle Dr. East
- 1.4 **R** At the 'T' onto Martin Luther King Dr.
- 2.1 **Straight** to Cross 19th Ave.
- 2.1 **L** To stay on Martin Luther King Dr. towards 25th Ave.
- 3.2 **L** Sunset Blvd.
- 5.3 **R** Yorba
- 5.4 **L** 37th Ave
- 5.4 **R** Sloat
- 6.2 **L** Great Highway (Begin Climbing)
- 7.0 **R** Skyline Blvd., Hwy 35
- 11.1 End Climbing
- 15.6 **L** San Bruno Ave
- 15.7 **L** Glenview
- 15.7 **L Into:**

Rest Stop 1 – Mile 15.7

Cal Trans Lot NE corner of Glenview & San Bruno

Rest Stop Hours: 6:30am – 10:30am

- 15.7 **R** Exit out of Rest Stop #1 onto Glenview
- 15.7 **L** San Bruno Ave.
- 17.3 **R** El Camino Real. Hwy 82
- 20.3 **R** Trousdale (Begin Climbing)
- 21.7 **L** Skyline Blvd., Hwy 35
- 24.6 **R** Hayne / Golf Course Lane
- 24.8 **L** Skyline Blvd
- 26.2 **R Into:**

Water Stop – Mile 26.2

Crystal Springs Reservoir Vista Point

- 26.2 **R** Out of water Stop onto Skyline Blvd / HWY 35
- 27.7 **R** Hwy 92-Hwy 35 to Half Moon Bay
HEAVY TRAFFIC – USE EXTREME CAUTION!
- 29.8 **L** Hwy 35 Skyline Blvd
- 34.1 **R Into:**

Rest Stop 2 – Mile 34.1

Midpeninsula Regional Open Space District - Purisima Creek Redwoods Park

Rest Stop Hours: 8am – 12 Noon

- 34.1 **R** out of Rest Stop 2 onto Hwy 35 Skyline Blvd
- 42.3 **R** SR 84 West towards LaHonda
- 42.4 **R** SR 84. *Begin Downhill - Control Your Speed!*
- 57.3 **L** HWY 1
- 57.4 **R Into:**

Lunch – Mile 57.4

San Gregorio State Beach

Lunch Stop Hours: 9am – 3pm

- 57.6 **R** Out of lunch Onto Hwy 1 - *Caution: Heavy traffic.*
- 69.8 **R Into:**

Rest Stop 3 – Mile 69.8

Gazos Creek Access

Rest Stop Hours: 10:30am – 5pm

- 71.1 **R** Hwy 1 out of Rest Stop #3, Gazos Creek Access
- 91.6 **R Into:**

Rest Stop 4 – Mile 91.6

Wilder Ranch State Park

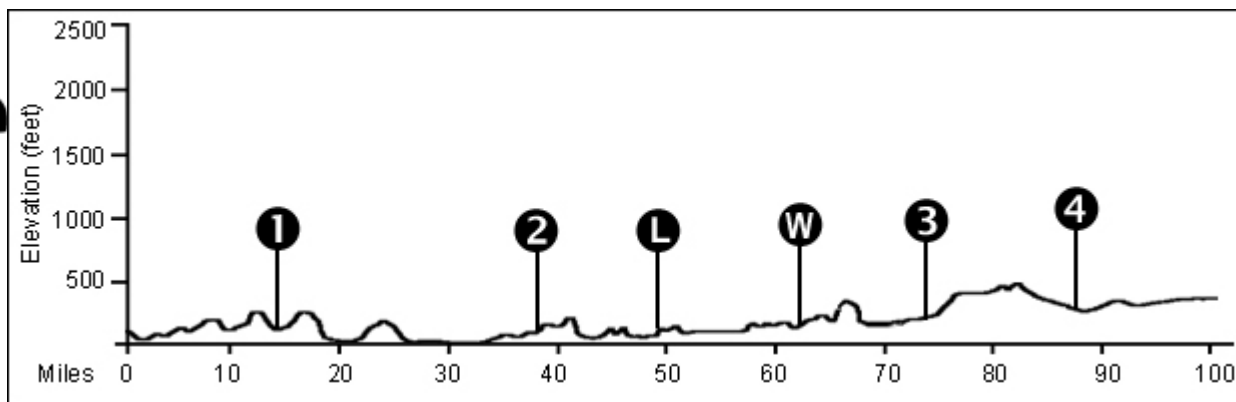
Rest Stop Hours: 11:00am – 6:30pm

- 91.7 **R** Out of Rest Stop through Wilder Ranch State Beach
- 92.2 **R** HWY 1 from Wilder Ranch Service Road
- 95.0 **R** Walnut Ave.
- 95.3 **L** Chestnut
- 95.4 **L** Chestnut Street Extension
- 95.6 **L** Mission
- 95.7 **R** Highland
- 95.8 **R** High
- 95.9 **L** to enter Bike Path at end of High
- 96.1 **R** Coral
- 96.3 **L** Harvey West Blvd
- 96.5 **L Into:**

Camp 1 - Harvey West Park

Route closes at 7pm

Monday June 9, 2003 – 103.3 miles - Santa Cruz – King City



0.0 **R** Harvey West Park onto Harvey West Blvd

0.1 **L** Sylvania

0.3 **R** Encinal

0.8 **R** River Street

1.6 **R Veer Right** To stay on River Street

1.7 **L** Front (street not marked)

1.9 **L** Soquel Ave

10.6 **R** Soquel

11.5 **R** Freedom

11.7 **L** Bonita

12.8 **R** San Andreas

14.6 **R Into:**

Rest Stop 1 – Mile 14.6

Manresa State Beach on Seawind

Rest Stop Hours: 7am – 10:30am

14.9 **R** Out of Rest Stop #1 onto San Andreas

20.0 **L** Beach

20.1 **R** Thurwachter Rd. – becomes McGowan Rd.

21.2 **R** Trafton Rd. at the "T"

22.8 **L** Bluff Road

23.6 **L** Jensen Road

24.3 **R** Rt. 1 / Cabrillo Hwy.

29.9 **R** Molera Rd.

33.2 **R** Monte Blvd

35.0 **L** Del Monte Blvd. / Neponset

37.3 **L** Beach Road

37.8 **Straight Into:**

Rest Stop 2 – Mile 37.8

Windy Hill Park at Beach & DeForest

Rest Stop Hours: 8am – 12 Noon

37.8 **L** out of Rest Stop #2 onto DeForest Rd.

38.3 **L** Reservation Road / G17

51.5 **R Into:**

Lunch – Mile 51.5

Buena Vista Grange Hall

Lunch Stop Hours: 9am – 2pm

51.5 **R** Out of Lunch back onto River Road

55.8 **R** G17 / River Road

62.6 **L Into:**

Water Stop – Mile 62.6 - Cloninger Winery

Water Stop Opens: 10am

62.6 **L** Out of Water Stop onto River Road

63.5 **R** G17 / River Road

72.4 **L** Mission

72.7 **R** Ft. Romie/G17

73.1 **R Into:**

Rest Stop 3 – Mile 73.1

Mission La Soledad

Rest Stop Hours: 10:30am – 4pm

73.4 **R** out of Mission onto Ft. Romie

74.7 **R** Arroyo Seco/G17

74.8 **L** Arroyo Seco/G17

82.9 **L** Elm - Left at "Y"

87.7 **L** Thirteenth

88.7 **R Into:**

Rest Stop 4 – Mile 88.7

Holy Trinity Church

Rest Stop Hours: 11am – 6pm

88.7 **R** Return to Elm - Out of Rest Stop 4

91.6 **R** Metz Road.

101.3 **R** San Antonio. *CAUTION RAILROAD CROSSING!*

102.9 **R** Broadway

103.1 Enter San Lorenzo Park

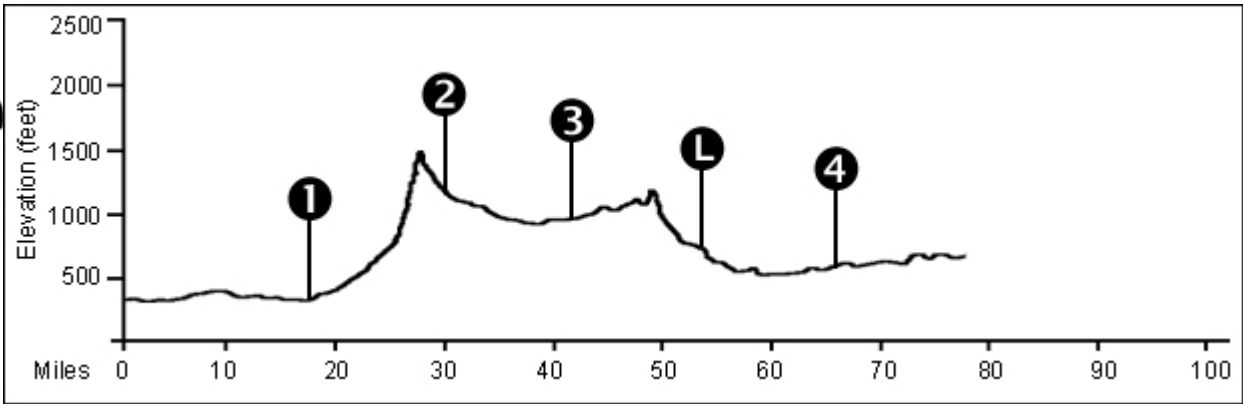
103.3 **R** After Kiosk

103.3 **L Into Bike Parking**

Camp 2 - San Lorenzo County Park

Route closes at 7pm

Tuesday June 10, 2003 – 77.2 miles - King City – Paso Robles



- 0.0 Return to San Lorenzo Park Entrance
- 0.0 **L** Broadway to return to campground entrance
- 0.7 **R** Canal
- 1.0 **L** Division
- 1.7 **R** S. First St/G15
- 2.6 **L** Mesa Verde (unmarked)
- 5.0 **L** Wild Horse Rd.
- 5.2 **R** Cattleman
- 10.8 **R** Rt. 198
- 12.4 **R** Oasis Rd. Becomes San Lucas Rd.
- 18.2 **L** Jolon Rd/G14
- 18.9 **R Into:**

Rest Stop 1 – Mile 18.9
Salinan Nation Cultural Center
 Rest Stop Hours: 7am – 10:30am

- 21.2 Begin Quadbuster Climb (1.3 miles)
- 30.0 **R Into:**

Rest Stop 2 – Mile 30
St. Luke's Episcopal Church
 Rest Stop Hours: 8am – 12 Noon

- 30.0 **R** return to Jolon Road/G18
- L** Jolon Rd out of lunch

42.6 **R Into:**

Rest Stop 3 – Mile 42.6
Way Station Restaurant
 Rest Stop Hours: 9am – 4pm

- 42.7 **R** Return to Jolon Rd/G18 (Begin 0.5 mile Climb)
- 51.5 **R** Enter US101 South. *Caution- Stay single file!*
- 52.6 **R** Exit US101 at Bradley
- 52.8 **L** at stop sign off exit and ride under US 101
- 52.9 **R** Bradley Rd.
- 53.5 **Into:**

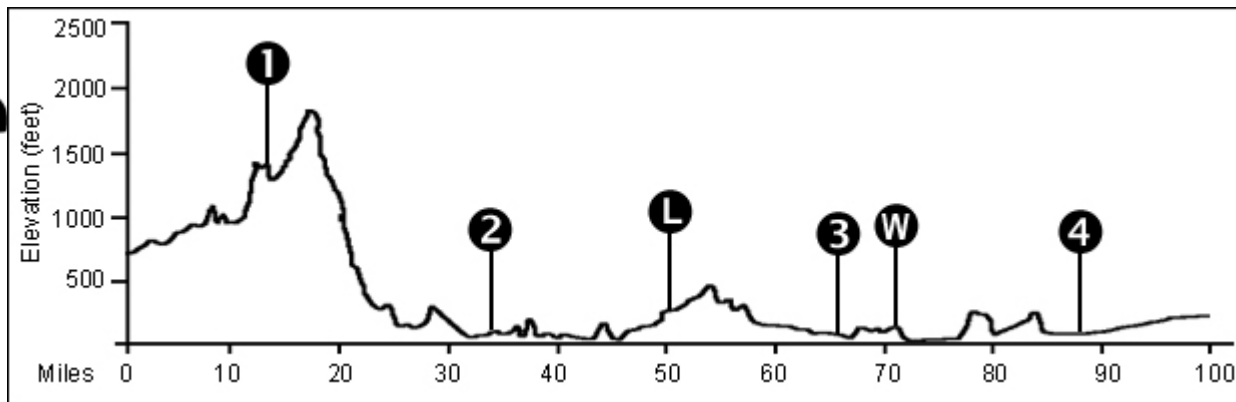
Lunch – Mile 53.5
Town of Bradley
 Lunch Stop Hours: 10am – 2pm

- 59.5 **Straight** to US101 South. *Caution- Stay single file!*
- 60.4 **Exit** US 101 - Camp Roberts
- 60.7 **Straight** to Enter US 101 South
- 63.4 **Exit** US 101 San Miguel Exit
- 63.5 **L** Mission Street
- 65.8 **R Into:**

Rest Stop 4 – Mile 65.8
Mission San Miguel
 Rest Stop Hours: 11am – 6pm

- 65.9 **L** Out of Rest Stop onto Mission Street
- 66.4 **R** 14th Street / River Rd.
- 71.3 **R** Wellsona Rd - at "T"
- 71.4 **L** at bend to stay on River Road
- 76.4 **R** Creston. Cross over US101
- 76.6 **R** Riverside Ave.
- 77.2 **R** Gregory
- 77.2 **L Into Bike Parking:**

Camp 3 - Paso Robles Midstate Fairgrounds
Route closes at 7pm



0.0 **R** Out of Camp - Paso Robles Midstate Fairgrounds

0.1 **L** Riverside

0.9 **R** 10th St. *Caution – Railroad Crossing!*

1.2 **L** Vine Street *Caution – Cross Traffic does not stop!*

3.7 **R** Hwy 46. Begin warm-up climbs

9.9 Begin Evil Twin #1 Climb

14.3 **R Into**

Rest Stop 1 – Mile 14.3

CalTrans - grassy area

Rest Stop Hours: 7am – 10:30am

14.3 **R** Out of Rest Stop #1 onto Hwy 46

14.6 Begin Evil Twin #2 Climb

16.5 *Caution: Steep Downhill. Control Your Speed*

25.5 **L** Hwy 1 S. *Caution – Cross Traffic does not stop!*

33.3 **R Into:**

Rest Stop 2 – Mile 33.3

DOT Pullout along west side of Rt 1

Rest Stop Hours: 8am – 12 Noon

33.3 **R** Out of Rest Stop

35.0 **R** N. Ocean Ave

36.7 **Straight** to Enter Hwy 1 South

41.3 **Exit** Hwy 1 at Atascadero/Hwy 41 East

42.4 **R** Main St.

42.5 **L** Quintana Rd.

43.1 **L** After Morro Bay Blvd bear soft L to stay Quintana

45.3 **R** Hwy 1

49.6 **R** Education - Cuesta College

49.7 **L** Romauldo/Cuesta College Rd

50.1 **L** Hollister (not marked)

50.4 **R Into:**

Lunch – Mile 50.4

Poppy Day Use Area, El Chorro Regional Park

Lunch Stop Hours: 9am – 2pm

50.5 **R** Out of Lunch Stop - return to Park Entrance

50.9 **L** Hwy 1 from El Chorro Regional Park

55.8 **R** Foothill Blvd

58.8 **L** Los Osos Valley Rd. *Do not go Right!*

62.0 **R** Higuera St at "T"

63.8 **R** Ontario Rd and immediately veer left

66.6 **R Into:**

Rest Stop 3 – Mile 66.6

PG&E Power Plant Tour Facility

Rest Stop Hours: 10am – 4pm

66.7 Out of Rest Stop onto Ontario Rd

66.9 **L** Avila Beach Rd.

67.2 **R** Shell Beach Rd. becomes Price St.

71.5 **R** Dolliver (Cabrillo Hwy), CA HWY 1

71.6 **R** Pismo Rd.

71.6 **R Into:**

Water Stop – Mile 71.6

Edgewater Hotel Lot

Water Stop Opens: 10:30am

71.6 **R** Out of Water Stop onto Dolliver

77.2 **R** Valley / Cabrillo / Mesa View Dr. towards
Guadalupe

77.4 Begin Climb (0.7 mile climb)

82.5 **R** Guadalupe Rd., Rt. 1

87.9 **R** Eleventh Street

88.0 **R Into**

Rest Stop 4 – Mile 88

LeRoy Park

Rest Stop Hours: 11am – 6pm

88.0 **L** Out of Rest Stop, Eleventh Street

88.1 **R** Guadalupe Rd, Hwy 1

89.2 **L** Rt. 166/Main Street. *Caution – Railroad Tracks!*

96.4 **R** Western

96.7 **L** Cook

97.3 **L** Pine

97.9 **L** El Camino. *Caution – Cross Traffic does not stop!*

98.2 **R** Railroad. *Caution – Cross Traffic does not stop!*

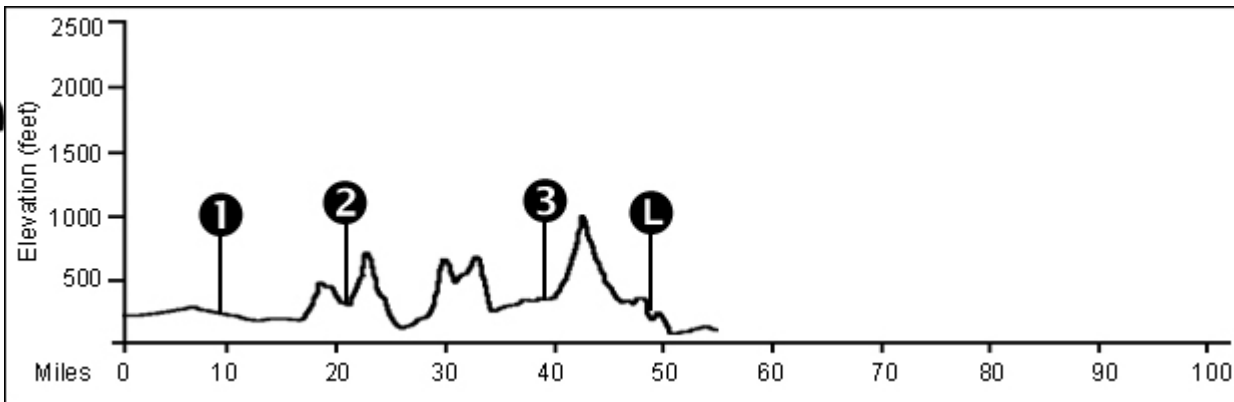
100.1 **R** Hiddenpines. *Caution – Round-About!*

100.6 **R** Preisker Lane

100.7 **R Into Bike Parking**

Camp 4 - Preisker Park, Santa Maria

Route closes at 7pm



0.0 **R** Out of Preisker Park onto Preisker Lane

0.4 **R** Broadway

1.2 **L** Donovan

1.8 **R** College

3.2 **L** Jones / Boone

4.1 **R** Suey

4.6 **R** Rosemary

6.1 **R** Betteravia

8.5 **R** Thornburg

9.2 **L** W. Battles

9.5 **R** Depot St.

9.5 **R** Enos

9.5 **L** **Into:**

Rest Stop 1 – Mile 9.5

Adam Basin

Rest Stop Hours: 7am – 10:30am

9.5 **L** Out of Adam Basin on Enos

9.6 **R** Depot St.

9.9 **L** Stowell

12.5 **L** Black at "T" *Caution – Cross Traffic does not stop!*

14.6 **R** at T - stay on Black

16.7 Start Climb (1.6 miles)

20.4 **R** Point Sal Rd.

21.0 **R** **Into:**

Rest Stop 2 – Mile 21

Winifred Wollman School

Rest Stop Hours: 8am – 12 Noon

21.0 **L** Out of Rest Stop onto Point Sal Rd.

21.7 **R** Lompoc Casmalia Rd

22.0 Begin Climb (1.4 miles)

23.4 *Caution: Steep Downhill. Control Your Speed*

26.3 **L** San Antonio

29.1 **R** Hwy 1. Begin Climb

30.4 **R** Firefighter Rd. End Climb

31.3 **L** Corral / Punch Bowl Lake (not marked)

31.5 **L** To Remain On Lompoc-Casmalia

32.2 **L** Hwy 1 North

35.3 **R** San Antonio Rd East

39.1 **R** **Into:**

Rest Stop 3 – Mile 39.1

9050 San Antonio Rd

Rest Stop Hours: 9am – 2pm

39.1 **R** Out of Rest Stop onto San Antonio

39.3 **R** Hwy 135 South

39.9 **R** Harris Grade - unmarked

40.5 Begin Harris Grade Climb (2.7 miles)

43.2 *Caution: Steep Downhill. Control Your Speed*

45.2 **R** Burton Mesa Blvd

48.5 **L** Constellation

48.7 **L** **Into:**

Lunch – Mile 48.7

Days Inn Parking Lot

Lunch Stop Hours: 10am – 4pm

48.8 **L** Exit through parking lot onto Constellation

49.0 **L** Hwy 1 towards Lompoc

50.8 **R** Rt. 1 , N. H Street

51.3 **R** Enter Bike Path

52.3 **L** Barton Ave

52.6 **R** North D

53.3 **L** College

54.0 **R** Seventh

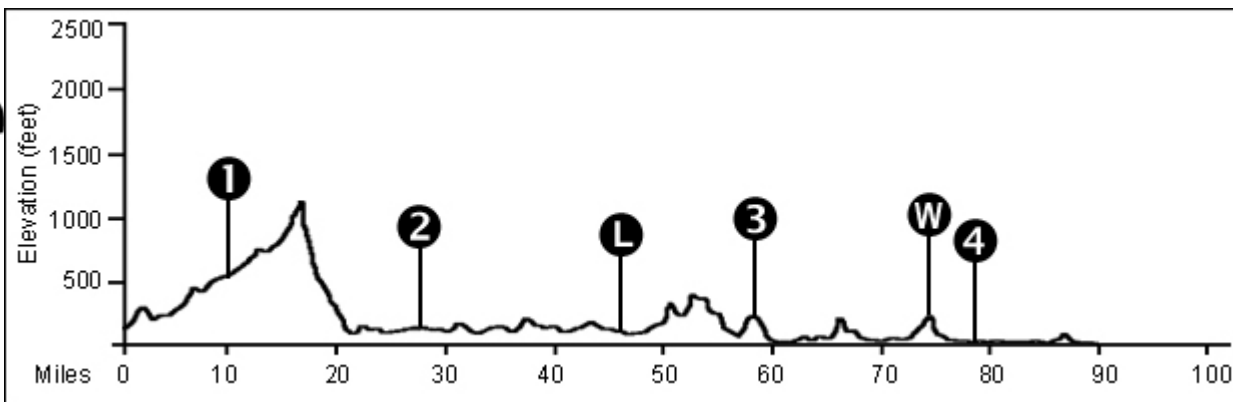
54.4 **L** Ocean Ave/Hwy 1. *Caution – Heavy Traffic!*

55.3 **L** River Park/Sweeney Rd. *Caution – Speed Bumps!*

55.5 **Enter Bike Parking**

Camp 5 - River Park, Lompoc

Route closes at 7pm



0.0 Return to River Park Campground Entrance

0.3 **R** Hwy 246

0.7 **L** Hwy 1

0.8 Begin Climb (1.6 miles)

2.4 *Caution: Downhill. Control Your Speed*

10.1 **R Into:**

Rest Stop 1 – Mile 10.1

Cal Trans Lot

Rest Stop Hours: 7am – 10:30am

11.7 Begin Climb (4.3 miles)

16.0 *Caution: Downhill. Control Your Speed*

19.1 **L** Hwy 101 S Ramp. Stay as far R on the ramp as possible. **Caution! Do NOT pass here.**

22.4 **R Exit** Mariposa Reina

22.7 **Enter** Hwy 101

26.6 **R Exit** 101 – Vista Point Rest Area into:

Rest Stop 2 – Mile 26.6

Vista Point

Rest Stop Hours: 8am – 12 Noon

26.8 **R** From Rest Stop enter Hwy 101

33.5 **R Exit** El Capitan State Beach

34.1 **Enter** Hwy 101

40.7 **R Exit** 101 at Hollister Ave/Winchester Cyn Rd

41.0 **L** Hollister Ave towards Winchester Cyn Rd.

41.1 **R** Calle Real

41.2 **L** Cathedral Oaks

45.6 **R** Carlo Dr.

45.8 **L** Stow Canyon Rd

46.0 **L Into:**

Lunch – Mile 46

Goleta Valley Jr. High School

Lunch Stop Hours: 9am – 2pm

46.1 **R** Out of Lunch onto Stow Canyon Rd

46.3 **R** Carlo Drive

46.4 **R** Cathedral Oaks becomes Rt 192

53.0 **R** San Rogue becomes Las Positas

56.2 **L** Cliff/Hwy 225

58.6 **R** Loma Alta Dr.

58.9 **R Into:**

Rest Stop 3 – Mile 58.9

Loma Alta Dr., SB City College parking lot

Rest Stop Hours: 10am – 4pm

59.0 **R** out of Rest Stop

59.0 **L** Shoreline Dr.

59.2 **R** Harbor Way. **Immediate left** on Ocean Bike Path

62.0 **R** Los Patos (cross Cabrillo Blvd) & join Channel Dr. (becomes a bike path) *Caution! Heavy traffic!*

63.3 **L** Olive Mill Dr

64.5 **R** N. Jameson Lane immediately past 101 off ramp

65.1 **R** Ortega Hill Rd. *Caution: Steep Narrow Uphill!*

65.4 **Straight** to stay on Ortega Hill Rd. becomes Lillie St. *Caution: Downhill. Stop sign at bottom!*

70.5 **R** Santa Ynez Ave at "T"

70.7 **L** Carpinteria Ave.

72.7 **R** Bailard Ave Into:

Water Stop – Mile 72.7

Bailard Ave & Carpinteria Ave

Water Stop Opens: 10:30am

72.7 **R** Out of Rest Stop onto Carpinteria Ave

73.5 **Veer Left then Right** onto ramp to US 101 South **USE EXTREME CAUTION ALONG FWY SHOULDER!**

74.1 **R Exit** 101 at Bates Rd

74.5 **Enter** 101 South

78.0 **R Exit** 101 at Seaciff

78.5 **R** Hwy 1 – Rincon Parkway at the "T"

79.4 **R Into:**

Rest Stop 4 – Mile 79.4

Rincon Parkway Campground – Spaces 1 -4

Rest Stop Hours: 11am – 6pm

79.4 **R** Out of Water Stop onto Rincon Parkway

84.8 **R** Bike Path next to on-ramp to Hwy 101 South

85.0 **R** Bike Path – parallel to Main St. over Ventura River

86.5 **R** Bike path

88.3 **Straight** to remain on bike path

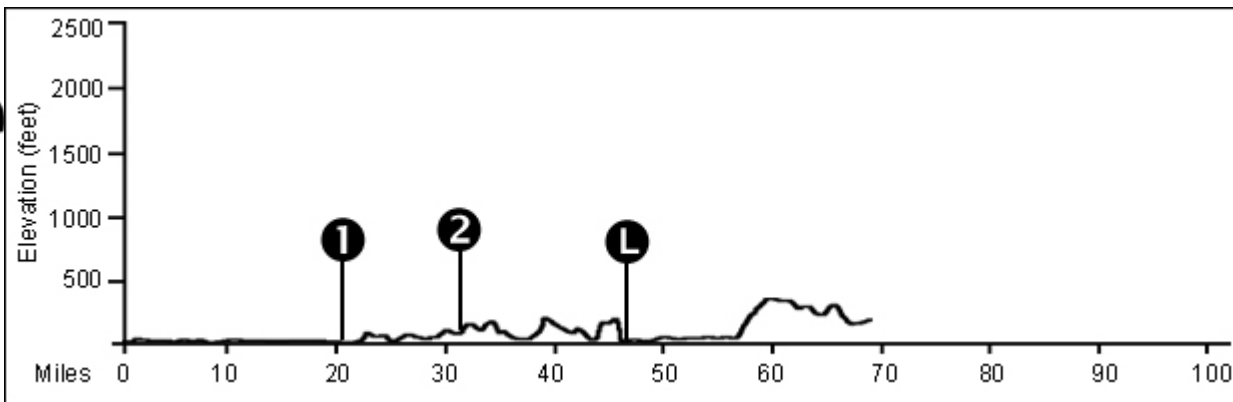
89.0 **Straight** to return to bike path. Cross under Pier. Continue as it becomes a boardwalk

89.6 **L Into Bike Parking.**

Camp 6 – San Buenaventura State Beach, Ventura

Route closes at 7pm

Saturday June 14, 2003 – 68.3 miles - Ventura – Los Angeles



0.0 Take bike path south

0.3 **Straight** onto Pierpont Blvd

0.9 **L** Peninsula St/Norwich Lane

1.2 **R** Harbor Blvd becomes Channel Islands Blvd

9.6 **R** Ventura Rd

11.1 **L** Pleasant Valley

19.1 **R** Hwy 1 South (Pacific Coast Highway - PCH)
CAUTION! Heavy Traffic. Ride single file!

20.4 **R Into:**

Rest Stop 1 – Mile 20.4

DOT Pullout Mile Marker 8.86

Rest Stop Hours: 7am – 10am

R Out of Rest Stop onto Hwy 1 (PCH)
CAUTION! Heavy Traffic. Ride single file!

22.7 Begin Pt Mugu Climb (0.6 miles)

30.2 Begin Leo Carillo Climb (0.8 miles)

32.7 **R Into:**

Rest Stop 2 – Mile 32.7

El Pescador State Beach

Rest Stop Hours: 7:30am – 11:30am

32.8 **R** Out of Rest Stop onto Hwy 1 (PCH)
CAUTION! Be alert! Heavy Traffic. Look out for parked cars – doors can open without warning!

37.7 Begin Zuma Beach Climb (0.6 miles)

41.1 Begin Escondido Climb (0.6 miles)

42.9 Begin Pepperdine Climb (1.7 miles)

44.6 *Caution: Downhill. Control Your Speed!*

45.7 **R** Cross Creek

45.8 **L Into:**

Lunch – Mile 45.8

Malibu Lagoon State Beach

Lunch Stop Hours: 8:30am – 1pm

45.9 **R** PCH - out of Malibu Lagoon State Beach

CAUTION! Heavy Traffic. Stay single file! Be alert! Look out for parked cars & car doors!

55.0 **R** Temescal Canyon into Parking Lot

55.0 **L** Immediate Left onto Bike Path

56.0 **L** W. Channel Rd.

56.0 **L** Walk your bike down and through underpass.
When you emerge, ride east on Channel Rd.

56.0 **R** Exit tunnel onto Channel Drive

56.4 **R** Ocean Ave Begin Climb - **LAST HILL!!**

56.8 **L** San Vicente. End Climb

61.4 **L** Ohio

61.7 **R** Sawtelle

66.5 **L** Robertson

68.0 **R** Melrose

68.3 **L Into:**

Bike Holding - Pacific Design Center

Congratulations!!

Route closes at 3:15pm